

\_\_\_\_\_

**Level 7 Bars**  
5 A's 2 B's  
\_\_\_\_ Cast to 45°  
\_\_\_\_ 360° "B" element  
\_\_\_\_ 360° element 3,6,7  
\_\_\_\_ A Salto Dsmt.  
**10**  
\_\_\_\_ S.V.  
\_\_\_\_ RD  
\_\_\_\_ Exec. \_\_\_\_\_ Score

\_\_\_\_\_

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\_\_\_\_ 360° "B" element  
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\_\_\_\_ A Salto Dsmt.  
**10**  
\_\_\_\_ S.V.  
\_\_\_\_ RD  
\_\_\_\_ Exec. \_\_\_\_\_ Score

\_\_\_\_\_

**Level 8 Bars**  
 4 A's 4 B's  
 \_\_\_ 1 Bar Change  
 \_\_\_ 1 Flight "B" or 180° turn  
 \_\_\_ 1 "B" 3,6,7  
 \_\_\_ "A" Salto/Hecht Dsmt.

**10**

___ S.V .		___ Dynamics .2
___ Comp.		___ Distribution .1
___ Exec.		___ Variety .1
		___ Vert. Skills .2

\_\_\_\_\_Score

\_\_\_\_\_

**Level 8 Bars**  
 4 A's 4 B's  
 \_\_\_ 1 Bar Change  
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 \_\_\_ 1 "B" 3,6,7  
 \_\_\_ "A" Salto/Hecht Dsmt.

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___ S.V .		___ Dynamics .2
___ Comp.		___ Distribution .1
___ Exec.		___ Variety .1
		___ Vert. Skills .2

\_\_\_\_\_Score

\_\_\_\_\_

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 \_\_\_ 1 "B" 3,6,7  
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**10**

___ S.V .		___ Dynamics .2
___ Comp.		___ Distribution .1
___ Exec.		___ Variety .1
		___ Vert. Skills .2

\_\_\_\_\_Score

\_\_\_\_\_

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 4 A's 4 B's  
 \_\_\_ 1 Bar Change  
 \_\_\_ 1 Flight "B" or 180° turn  
 \_\_\_ 1 "B" 3,6,7  
 \_\_\_ "A" Salto/Hecht Dsmt.

**10**

___ S.V .		___ Dynamics .2
___ Comp.		___ Distribution .1
___ Exec.		___ Variety .1
		___ Vert. Skills .2

\_\_\_\_\_Score

**Level 9 Bars**

3 A's 4 B's 1 C's

\_\_\_ 2 bar changes

\_\_\_ Flight B

\_\_\_ Flight C (dif.) or C turn

\_\_\_ B Dsmt.

**9.7 BONUS**

\_\_\_ S.V . | \_\_\_ Dynamics .2

\_\_\_ Comp. | \_\_\_ Distribution .1

\_\_\_ Exec. | \_\_\_ Direction .1

\_\_\_ Variety .1

\_\_\_ Balance .1

\_\_\_ Score | \_\_\_ Fw/bk circ/rel .05

**Level 9 Bars**

3 A's 4 B's 1 C's

\_\_\_ 2 bar changes

\_\_\_ Flight B

\_\_\_ Flight C (dif.) or C turn

\_\_\_ B Dsmt.

**9.7 BONUS**

\_\_\_ S.V . | \_\_\_ Dynamics .2

\_\_\_ Comp. | \_\_\_ Distribution .1

\_\_\_ Exec. | \_\_\_ Direction .1

\_\_\_ Variety .1

\_\_\_ Balance .1

\_\_\_ Score | \_\_\_ Fw/bk circ/rel .05

**Level 9 Bars**

3 A's 4 B's 1 C's

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\_\_\_ Flight B

\_\_\_ Flight C (dif.) or C turn

\_\_\_ B Dsmt.

**9.7 BONUS**

\_\_\_ S.V . | \_\_\_ Dynamics .2

\_\_\_ Comp. | \_\_\_ Distribution .1

\_\_\_ Exec. | \_\_\_ Direction .1

\_\_\_ Variety .1

\_\_\_ Balance .1

\_\_\_ Score | \_\_\_ Fw/bk circ/rel .05

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\_\_\_ Flight C (dif.) or C turn

\_\_\_ B Dsmt.

**9.7 BONUS**

\_\_\_ S.V . | \_\_\_ Dynamics .2

\_\_\_ Comp. | \_\_\_ Distribution .1

\_\_\_ Exec. | \_\_\_ Direction .1

\_\_\_ Variety .1

\_\_\_ Balance .1

\_\_\_ Score | \_\_\_ Fw/bk circ/rel .05

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**Level 10 Bars**

3 A's 3 B's 2 C's

\_\_\_ Turn C

\_\_\_ Flight C

\_\_\_ Flight B (dif.)

\_\_\_ C Dsmt.

**10 \_\_\_ BONUS**

\_\_\_ S.V . \_\_\_ Dynamics .2

\_\_\_ Comp. \_\_\_ Distribution .1

\_\_\_ Exec. \_\_\_ Variety .1

\_\_\_ Direction .1

\_\_\_ Score \_\_\_ Balance .1

\_\_\_ Fw/bk circ/rel .05

\_\_\_ 2 bar changes .2

\_\_\_ Release Choice .2

\_\_\_ &gt;1squat .1 ea

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**Level 10 Bars**

3 A's 3 B's 2 C's

\_\_\_ Turn C

\_\_\_ Flight C

\_\_\_ Flight B (dif.)

\_\_\_ C Dsmt.

**10 \_\_\_ BONUS**

\_\_\_ S.V . \_\_\_ Dynamics .2

\_\_\_ Comp. \_\_\_ Distribution .1

\_\_\_ Exec. \_\_\_ Variety .1

\_\_\_ Direction .1

\_\_\_ Score \_\_\_ Balance .1

\_\_\_ Fw/bk circ/rel .05

\_\_\_ 2 bar changes .2

\_\_\_ Release Choice .2

\_\_\_ &gt;1squat .1 ea

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3 A's 3 B's 2 C's

\_\_\_ Turn C

\_\_\_ Flight C

\_\_\_ Flight B (dif.)

\_\_\_ C Dsmt.

**10 \_\_\_ BONUS**

\_\_\_ S.V . \_\_\_ Dynamics .2

\_\_\_ Comp. \_\_\_ Distribution .1

\_\_\_ Exec. \_\_\_ Variety .1

\_\_\_ Direction .1

\_\_\_ Score \_\_\_ Balance .1

\_\_\_ Fw/bk circ/rel .05

\_\_\_ 2 bar changes .2

\_\_\_ Release Choice .2

\_\_\_ &gt;1squat .1 ea