

# LEVEL 7

CB 2/2011

<b>BARS</b> <b>Special Requirements (.50)</b> 1. Cast Minimum 45 2 and 3. Two 360 Clear Circles Can be the same One must be a "B" One must be Grp 3, 6, 7 4. Salto Dismount Minimum "A"	<b>BEAM</b> <b>Special Requirements (.50)</b> 1a. Acro Series, 2 elements, A's or B's, on beam, one passing through vertical with hand support 1b. One acro flight, may be in 1a. above 2. Leap or Jump with 180 split, no Mount or Dismount 3. Turn on 1 foot, Minimum 360 4. Aerial or Salto Dismount, Minimum "A"	<b>Floor</b> <b>Special Requirements (.50)</b> 1. Acro Series, 3 elements, with Back Layout Salto to 2 feet 2. Forward Acro Series, 2 elements Must be one salto or aerial No side aeriels or side saltos 3. Dance Series, 2 Different Group 1 elements Directly or Indirectly connected One being a leap with 180 split 4. Turn, Minimum 360, On toe	<b>Value Parts</b> 5 A's     0.1 2 B's     0.3	<b>Difficulty Restriction</b> Only "A" and "B" elements except Bar C's and "C" Dance (Beam & Floor) Cast Handstand 1/2 turn Clear Hip Handstand, or w/ 1/2 turn Back Stalder, or with 1/2 turn Back Pike Sole Circle, or w/ 1/2 turn  Any other "C" or more difficult: No VP, No SR, 0.50 Deduction
--	---	---	--	--

	<p style="text-align: right;"><b>10.00</b></p> <p>-VP _____</p> <p>-SR _____</p> <p><b>SV</b> _____</p> <p>-Exec _____</p> <p><b>SCORE</b> _____</p>
--	--

	<p style="text-align: right;"><b>10.00</b></p> <p>-VP _____</p> <p>-SR _____</p> <p><b>SV</b> _____</p> <p>-Exec _____</p> <p><b>SCORE</b> _____</p>
--	--

	<p style="text-align: right;"><b>10.00</b></p> <p>-VP _____</p> <p>-SR _____</p> <p><b>SV</b> _____</p> <p>-Exec _____</p> <p><b>SCORE</b> _____</p>
--	--

	<p style="text-align: right;"><b>10.00</b></p> <p>-VP _____</p> <p>-SR _____</p> <p><b>SV</b> _____</p> <p>-Exec _____</p> <p><b>SCORE</b> _____</p>
--	--

# LEVEL 7 BARS

CB 7/2010

<b>Special Requirements (.50)</b> 1. Cast Minimum 45 2. and 3. Two 360 Clear Circles      Can be the same      One must be a "B"      One must be Grp 3, 6, 7 4. Salto Dismount Minimum "A"	<b>Value Parts</b> 5 A's    0.1 2 B's    0.3	<b>Difficulty Restriction</b> Only "A" and "B" elements except following Bar C's Cast Handstand 1/2 turn    Clear Hip Handstand, or w/ 1/2 turn Back Stalder, or w/ 1/2 turn    Back Pike Sole Circle, or w/ 1/2 turn Any other "C" or more difficult:    No VP, No SR, 0.50 Deduction
<hr style="border: 0; border-top: 1px solid black; margin-bottom: 10px;"/>		<b>10.00</b> -VP _____ -SR _____ <b>SV</b> _____ -Exec _____ <b>SCORE</b> _____
<hr style="border: 0; border-top: 1px solid black; margin-bottom: 10px;"/>		<b>10.00</b> -VP _____ -SR _____ <b>SV</b> _____ -Exec _____ <b>SCORE</b> _____
<hr style="border: 0; border-top: 1px solid black; margin-bottom: 10px;"/>		<b>10.00</b> -VP _____ -SR _____ <b>SV</b> _____ -Exec _____ <b>SCORE</b> _____
<hr style="border: 0; border-top: 1px solid black; margin-bottom: 10px;"/>		<b>10.00</b> -VP _____ -SR _____ <b>SV</b> _____ -Exec _____ <b>SCORE</b> _____
<hr style="border: 0; border-top: 1px solid black; margin-bottom: 10px;"/>		<b>10.00</b> -VP _____ -SR _____ <b>SV</b> _____ -Exec _____ <b>SCORE</b> _____

# LEVEL 7 BEAM

CB 11/09

<b>Special Requirements (.50)</b> 1a. Acro Series, 2 elements, A's or B's, on beam, one passing through vertical with hand support 1b. One acro flight, may be in 1a. above 2. Leap or Jump with 180 split, no Mount or Dismount 3. Turn on 1 foot, Minimum 360 4. Aerial or Salto Dismount, Minimum "A"	<b>Value Parts</b> 5 A's 0.1 2 B's 0.3	<b>Difficulty Restriction</b> Only "A" and "B" elements except 3 Bar C's  Any other "C" or more difficult: No VP, No SR, 0.50 Deduction																					
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"></td> <td style="width: 30%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Rhythm/Tempo</td> <td>up to .2</td> <td style="text-align: right;">-VP _____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td style="text-align: right;">-SR _____</td> </tr> <tr> <td>Sureness</td> <td>up to .2</td> <td style="text-align: right;"><b>SV</b> _____</td> </tr> <tr> <td>Relax/incor Footwk</td> <td>up to .2</td> <td style="text-align: right;">-Exec _____</td> </tr> <tr> <td>Posture/Flexibility</td> <td>up to .3</td> <td></td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td style="text-align: right;"><b>SCORE</b> _____</td> </tr> </table>			<b>10.00</b>	Rhythm/Tempo	up to .2	-VP _____	Dynamics	up to .2	-SR _____	Sureness	up to .2	<b>SV</b> _____	Relax/incor Footwk	up to .2	-Exec _____	Posture/Flexibility	up to .3		Artistry	up to .3	<b>SCORE</b> _____
		<b>10.00</b>																					
Rhythm/Tempo	up to .2	-VP _____																					
Dynamics	up to .2	-SR _____																					
Sureness	up to .2	<b>SV</b> _____																					
Relax/incor Footwk	up to .2	-Exec _____																					
Posture/Flexibility	up to .3																						
Artistry	up to .3	<b>SCORE</b> _____																					
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"></td> <td style="width: 30%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Rhythm/Tempo</td> <td>up to .2</td> <td style="text-align: right;">-VP _____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td style="text-align: right;">-SR _____</td> </tr> <tr> <td>Sureness</td> <td>up to .2</td> <td style="text-align: right;"><b>SV</b> _____</td> </tr> <tr> <td>Relax/incor Footwk</td> <td>up to .2</td> <td style="text-align: right;">-Exec _____</td> </tr> <tr> <td>Posture/Flexibility</td> <td>up to .3</td> <td></td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td style="text-align: right;"><b>SCORE</b> _____</td> </tr> </table>			<b>10.00</b>	Rhythm/Tempo	up to .2	-VP _____	Dynamics	up to .2	-SR _____	Sureness	up to .2	<b>SV</b> _____	Relax/incor Footwk	up to .2	-Exec _____	Posture/Flexibility	up to .3		Artistry	up to .3	<b>SCORE</b> _____
		<b>10.00</b>																					
Rhythm/Tempo	up to .2	-VP _____																					
Dynamics	up to .2	-SR _____																					
Sureness	up to .2	<b>SV</b> _____																					
Relax/incor Footwk	up to .2	-Exec _____																					
Posture/Flexibility	up to .3																						
Artistry	up to .3	<b>SCORE</b> _____																					
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"></td> <td style="width: 30%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Rhythm/Tempo</td> <td>up to .2</td> <td style="text-align: right;">-VP _____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td style="text-align: right;">-SR _____</td> </tr> <tr> <td>Sureness</td> <td>up to .2</td> <td style="text-align: right;"><b>SV</b> _____</td> </tr> <tr> <td>Relax/incor Footwk</td> <td>up to .2</td> <td style="text-align: right;">-Exec _____</td> </tr> <tr> <td>Posture/Flexibility</td> <td>up to .3</td> <td></td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td style="text-align: right;"><b>SCORE</b> _____</td> </tr> </table>			<b>10.00</b>	Rhythm/Tempo	up to .2	-VP _____	Dynamics	up to .2	-SR _____	Sureness	up to .2	<b>SV</b> _____	Relax/incor Footwk	up to .2	-Exec _____	Posture/Flexibility	up to .3		Artistry	up to .3	<b>SCORE</b> _____
		<b>10.00</b>																					
Rhythm/Tempo	up to .2	-VP _____																					
Dynamics	up to .2	-SR _____																					
Sureness	up to .2	<b>SV</b> _____																					
Relax/incor Footwk	up to .2	-Exec _____																					
Posture/Flexibility	up to .3																						
Artistry	up to .3	<b>SCORE</b> _____																					
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"></td> <td style="width: 30%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Rhythm/Tempo</td> <td>up to .2</td> <td style="text-align: right;">-VP _____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td style="text-align: right;">-SR _____</td> </tr> <tr> <td>Sureness</td> <td>up to .2</td> <td style="text-align: right;"><b>SV</b> _____</td> </tr> <tr> <td>Relax/incor Footwk</td> <td>up to .2</td> <td style="text-align: right;">-Exec _____</td> </tr> <tr> <td>Posture/Flexibility</td> <td>up to .3</td> <td></td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td style="text-align: right;"><b>SCORE</b> _____</td> </tr> </table>			<b>10.00</b>	Rhythm/Tempo	up to .2	-VP _____	Dynamics	up to .2	-SR _____	Sureness	up to .2	<b>SV</b> _____	Relax/incor Footwk	up to .2	-Exec _____	Posture/Flexibility	up to .3		Artistry	up to .3	<b>SCORE</b> _____
		<b>10.00</b>																					
Rhythm/Tempo	up to .2	-VP _____																					
Dynamics	up to .2	-SR _____																					
Sureness	up to .2	<b>SV</b> _____																					
Relax/incor Footwk	up to .2	-Exec _____																					
Posture/Flexibility	up to .3																						
Artistry	up to .3	<b>SCORE</b> _____																					
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"></td> <td style="width: 30%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Rhythm/Tempo</td> <td>up to .2</td> <td style="text-align: right;">-VP _____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td style="text-align: right;">-SR _____</td> </tr> <tr> <td>Sureness</td> <td>up to .2</td> <td style="text-align: right;"><b>SV</b> _____</td> </tr> <tr> <td>Relax/incor Footwk</td> <td>up to .2</td> <td style="text-align: right;">-Exec _____</td> </tr> <tr> <td>Posture/Flexibility</td> <td>up to .3</td> <td></td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td style="text-align: right;"><b>SCORE</b> _____</td> </tr> </table>			<b>10.00</b>	Rhythm/Tempo	up to .2	-VP _____	Dynamics	up to .2	-SR _____	Sureness	up to .2	<b>SV</b> _____	Relax/incor Footwk	up to .2	-Exec _____	Posture/Flexibility	up to .3		Artistry	up to .3	<b>SCORE</b> _____
		<b>10.00</b>																					
Rhythm/Tempo	up to .2	-VP _____																					
Dynamics	up to .2	-SR _____																					
Sureness	up to .2	<b>SV</b> _____																					
Relax/incor Footwk	up to .2	-Exec _____																					
Posture/Flexibility	up to .3																						
Artistry	up to .3	<b>SCORE</b> _____																					

# LEVEL 7 FLOOR

CB 11/09

<b>Special Requirements (.50)</b> 1. Acro Series, 3 elements, with Back Layout Salto to 2 feet    No Layout Full    No Layout Stepout 2. Forward Acro Series, 2 elements    Must be one salto or aerial    No side aerals or side saltos 3. Dance Series, 2 Different Group 1 elements    Directly or Indirectly connected    One being a leap with 180 split 4. Turn, Minimum 360, On toe	<b>Value Parts</b> 5 A's            0.1 2 B's            0.3	<b>Difficulty Restriction</b> Only "A" and "B" elements except 3 Bar C's  Any other "C" or more difficult: No VP, No SR, 0.50 Deduction																																			
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Relat. With music</td> <td style="width: 15%;">up to .2</td> <td style="width: 15%;"></td> <td style="width: 10%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Relax/incorr Footwk</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-VP</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Vary Rhm/Tempo</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-SR</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td></td> <td style="text-align: right;"><b>SV</b></td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Posture/Flexitbility</td> <td>up to .3</td> <td></td> <td style="text-align: right;">-Exec</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td></td> <td></td> <td style="text-align: right;">_____</td> </tr> <tr> <td colspan="4" style="text-align: right;"><b>SCORE</b></td> <td style="text-align: right;">_____</td> </tr> </table>	Relat. With music	up to .2			<b>10.00</b>	Relax/incorr Footwk	up to .2		-VP	_____	Vary Rhm/Tempo	up to .2		-SR	_____	Dynamics	up to .2		<b>SV</b>	_____	Posture/Flexitbility	up to .3		-Exec	_____	Artistry	up to .3			_____	<b>SCORE</b>				_____
Relat. With music	up to .2			<b>10.00</b>																																	
Relax/incorr Footwk	up to .2		-VP	_____																																	
Vary Rhm/Tempo	up to .2		-SR	_____																																	
Dynamics	up to .2		<b>SV</b>	_____																																	
Posture/Flexitbility	up to .3		-Exec	_____																																	
Artistry	up to .3			_____																																	
<b>SCORE</b>				_____																																	
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Relat. With music</td> <td style="width: 15%;">up to .2</td> <td style="width: 15%;"></td> <td style="width: 10%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Relax/incorr Footwk</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-VP</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Vary Rhm/Tempo</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-SR</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td></td> <td style="text-align: right;"><b>SV</b></td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Posture/Flexitbility</td> <td>up to .3</td> <td></td> <td style="text-align: right;">-Exec</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td></td> <td></td> <td style="text-align: right;">_____</td> </tr> <tr> <td colspan="4" style="text-align: right;"><b>SCORE</b></td> <td style="text-align: right;">_____</td> </tr> </table>	Relat. With music	up to .2			<b>10.00</b>	Relax/incorr Footwk	up to .2		-VP	_____	Vary Rhm/Tempo	up to .2		-SR	_____	Dynamics	up to .2		<b>SV</b>	_____	Posture/Flexitbility	up to .3		-Exec	_____	Artistry	up to .3			_____	<b>SCORE</b>				_____
Relat. With music	up to .2			<b>10.00</b>																																	
Relax/incorr Footwk	up to .2		-VP	_____																																	
Vary Rhm/Tempo	up to .2		-SR	_____																																	
Dynamics	up to .2		<b>SV</b>	_____																																	
Posture/Flexitbility	up to .3		-Exec	_____																																	
Artistry	up to .3			_____																																	
<b>SCORE</b>				_____																																	
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Relat. With music</td> <td style="width: 15%;">up to .2</td> <td style="width: 15%;"></td> <td style="width: 10%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Relax/incorr Footwk</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-VP</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Vary Rhm/Tempo</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-SR</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td></td> <td style="text-align: right;"><b>SV</b></td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Posture/Flexitbility</td> <td>up to .3</td> <td></td> <td style="text-align: right;">-Exec</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td></td> <td></td> <td style="text-align: right;">_____</td> </tr> <tr> <td colspan="4" style="text-align: right;"><b>SCORE</b></td> <td style="text-align: right;">_____</td> </tr> </table>	Relat. With music	up to .2			<b>10.00</b>	Relax/incorr Footwk	up to .2		-VP	_____	Vary Rhm/Tempo	up to .2		-SR	_____	Dynamics	up to .2		<b>SV</b>	_____	Posture/Flexitbility	up to .3		-Exec	_____	Artistry	up to .3			_____	<b>SCORE</b>				_____
Relat. With music	up to .2			<b>10.00</b>																																	
Relax/incorr Footwk	up to .2		-VP	_____																																	
Vary Rhm/Tempo	up to .2		-SR	_____																																	
Dynamics	up to .2		<b>SV</b>	_____																																	
Posture/Flexitbility	up to .3		-Exec	_____																																	
Artistry	up to .3			_____																																	
<b>SCORE</b>				_____																																	
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Relat. With music</td> <td style="width: 15%;">up to .2</td> <td style="width: 15%;"></td> <td style="width: 10%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Relax/incorr Footwk</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-VP</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Vary Rhm/Tempo</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-SR</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td></td> <td style="text-align: right;"><b>SV</b></td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Posture/Flexitbility</td> <td>up to .3</td> <td></td> <td style="text-align: right;">-Exec</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td></td> <td></td> <td style="text-align: right;">_____</td> </tr> <tr> <td colspan="4" style="text-align: right;"><b>SCORE</b></td> <td style="text-align: right;">_____</td> </tr> </table>	Relat. With music	up to .2			<b>10.00</b>	Relax/incorr Footwk	up to .2		-VP	_____	Vary Rhm/Tempo	up to .2		-SR	_____	Dynamics	up to .2		<b>SV</b>	_____	Posture/Flexitbility	up to .3		-Exec	_____	Artistry	up to .3			_____	<b>SCORE</b>				_____
Relat. With music	up to .2			<b>10.00</b>																																	
Relax/incorr Footwk	up to .2		-VP	_____																																	
Vary Rhm/Tempo	up to .2		-SR	_____																																	
Dynamics	up to .2		<b>SV</b>	_____																																	
Posture/Flexitbility	up to .3		-Exec	_____																																	
Artistry	up to .3			_____																																	
<b>SCORE</b>				_____																																	
		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Relat. With music</td> <td style="width: 15%;">up to .2</td> <td style="width: 15%;"></td> <td style="width: 10%;"></td> <td style="width: 30%; text-align: right;"><b>10.00</b></td> </tr> <tr> <td>Relax/incorr Footwk</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-VP</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Vary Rhm/Tempo</td> <td>up to .2</td> <td></td> <td style="text-align: right;">-SR</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Dynamics</td> <td>up to .2</td> <td></td> <td style="text-align: right;"><b>SV</b></td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Posture/Flexitbility</td> <td>up to .3</td> <td></td> <td style="text-align: right;">-Exec</td> <td style="text-align: right;">_____</td> </tr> <tr> <td>Artistry</td> <td>up to .3</td> <td></td> <td></td> <td style="text-align: right;">_____</td> </tr> <tr> <td colspan="4" style="text-align: right;"><b>SCORE</b></td> <td style="text-align: right;">_____</td> </tr> </table>	Relat. With music	up to .2			<b>10.00</b>	Relax/incorr Footwk	up to .2		-VP	_____	Vary Rhm/Tempo	up to .2		-SR	_____	Dynamics	up to .2		<b>SV</b>	_____	Posture/Flexitbility	up to .3		-Exec	_____	Artistry	up to .3			_____	<b>SCORE</b>				_____
Relat. With music	up to .2			<b>10.00</b>																																	
Relax/incorr Footwk	up to .2		-VP	_____																																	
Vary Rhm/Tempo	up to .2		-SR	_____																																	
Dynamics	up to .2		<b>SV</b>	_____																																	
Posture/Flexitbility	up to .3		-Exec	_____																																	
Artistry	up to .3			_____																																	
<b>SCORE</b>				_____																																	

# LEVEL 8 BARS

CB 7/2010

Special Requirements (.50)	Value Parts	Difficulty Restrictions
1. One bar change 2 & 3. 2 Elements, both Minimum B 4. Salto or Hecht Dismount, minimum of "A"	No Dismount Can be the same One must be Grp 3, 6, 7	Only "A" and "B" Elements and selected "C" Bar Elements Cast Handstand with 1/2 turn      Clear Hip to Handstand, or with 1/2 turn Back Stalder, or w/ 1/2 Turn      Back Pike Sole Circle, or w/ 1/2 Turn Unallowed "C" or higher -- No VP, No SR, .50 Deduction

	Distrib. Elements	up to .1		<b>10.00</b>
	3/4 Giant fwd	each .1	-VP	_____
	Lack Variety	up to .1	-SR	_____
	Unchar. Element	each .1	SV	_____
	Pass Vertical	up to .2	-Exec	_____
			-Comp	_____
	Precision HS	up to .1	Deducts	_____
	Dynamics	up to .2	SCORE 1	_____
			SCORE 2	_____
			AVG	_____

	Distrib. Elements	up to .1		<b>10.00</b>
	3/4 Giant fwd	each .1	-VP	_____
	Lack Variety	up to .1	-SR	_____
	Unchar. Element	each .1	SV	_____
	Pass Vertical	up to .2	-Exec	_____
			-Comp	_____
	Precision HS	up to .1	Deducts	_____
	Dynamics	up to .2	SCORE 1	_____
			SCORE 2	_____
			AVG	_____

	Distrib. Elements	up to .1		<b>10.00</b>
	3/4 Giant fwd	each .1	-VP	_____
	Lack Variety	up to .1	-SR	_____
	Unchar. Element	each .1	SV	_____
	Pass Vertical	up to .2	-Exec	_____
			-Comp	_____
	Precision HS	up to .1	Deducts	_____
	Dynamics	up to .2	SCORE 1	_____
			SCORE 2	_____
			AVG	_____

	Distrib. Elements	up to .1		<b>10.00</b>
	3/4 Giant fwd	each .1	-VP	_____
	Lack Variety	up to .1	-SR	_____
	Unchar. Element	each .1	SV	_____
	Pass Vertical	up to .2	-Exec	_____
			-Comp	_____
	Precision HS	up to .1	Deducts	_____
	Dynamics	up to .2	SCORE 1	_____
			SCORE 2	_____
			AVG	_____

# LEVEL 8 BEAM

CB 12/09

Special Requirements (.50)	Value Parts	Difficulty Restrictions				
1. Acro series, 2 elements No Mount, D/M one with flight to hold ok as second element 2. 180 Leap / Jump No Mount D/M 3. Full Turn on 1 foot No Mount, D/M 4. Aerial or Salto Dismount Minimum "A"	4A (.10 each) 4B (.30 each)	Only "A" and "B" Elements and "C" Dance  Unallowed "C" or higher -- No VP, No SR .50 Deduction				
<div style="border: 1px solid black; height: 100px; width: 100%;"></div>		>2 180 pivot turns	flat .1		<b>10.00</b>	
		Acro Dir	each .1			
		only D/M	0.05		-VP	
		>2 dance same shp	flat .1		-SR	
		>1 to beam	flat .1			
		Distribution	up to .1		<b>SV</b>	
		Use of beam length	up to .1			
		Use high and low	up to .1		-Exec	
		Dir fwd, bkwd/side	up to .1			
		Bal Dance/Acro	up to .2		-Comp	
		Acro Difficulty	up to .2			
		Lack Dance Series	flat .2		Deducts	
		Rhythm/Tempo	up to .2			
		Dynamics	up to .2			
		Sureness	up to .2		<b>SCORE 1</b>	
		Relax/incor Footwk	up to .2			
		Posture/Flexitbility	up to .3		<b>SCORE 2</b>	
Artistry	up to .3					
			<b>AVG</b>			
<div style="border: 1px solid black; height: 100px; width: 100%;"></div>		>2 180 pivot turns	flat .1		<b>10.00</b>	
		Acro Dir	each .1			
		only D/M	0.05		-VP	
		>2 dance same shp	flat .1		-SR	
		>1 to beam	flat .1			
		Distribution	up to .1		<b>SV</b>	
		Use of beam length	up to .1			
		Use high and low	up to .1		-Exec	
		Dir fwd, bkwd/side	up to .1			
		Bal Dance/Acro	up to .2		-Comp	
		Acro Difficulty	up to .2			
		Lack Dance Series	flat .2		Deducts	
		Rhythm/Tempo	up to .2			
		Dynamics	up to .2			
		Sureness	up to .2		<b>SCORE 1</b>	
		Relax/incor Footwk	up to .2			
		Posture/Flexitbility	up to .3		<b>SCORE 2</b>	
Artistry	up to .3					
			<b>AVG</b>			

# LEVEL 8 FLOOR

CB 12/09

Special Requirements (.50)	Value Parts	Difficulty Restrictions
1. Acro Series with 2 Saltos (aerials are not saltos) Must be fast flight elements 2. 3 Different Saltos (aerials are not saltos) 3. 2 Element Dance Group 1 Different one must be leap with 180 split 4. "A" as last Salto or in last acro series	4A (.10 each) 4B (.30 each)	Only "A" and "B" Elements "C" Dance  Unallowed "C" or higher -- No VP, No SR, .50 Deduction

	Salto bck & Fwd/side	flat .1			<b>10.00</b>
	>2 dance same shp	flat .1		-VP	_____
	>1 to floor	flat .1		-SR	_____
	Dist of elements	each .1			
	Floor spatial	up to .1		<b>SV</b>	_____
	Move fwd, bck, side	up to .1			
	No B turn	flat .2		-Exec	_____
	Balance Acro/Dance	up to .2			
	Acro Difficulty	up to .2		-Comp	_____
	Relat. With music	up to .2			
	Relax/incorr Footwk	up to .2		Deducts	_____
	Vary Rhm/Tempo	up to .2			
	Dynamics	up to .2			
	No B Salto	flat .3		<b>SCORE 1</b>	_____
	Posture/Flexitbility	up to .3			
	Artistry	up to .3		<b>SCORE 2</b>	_____
				<b>AVG</b>	_____

	Salto bck & Fwd/side	flat .1			<b>10.00</b>
	>2 dance same shp	flat .1		-VP	_____
	>1 to floor	flat .1		-SR	_____
	Dist of elements	each .1			
	Floor spatial	up to .1		<b>SV</b>	_____
	Move fwd, bck, side	up to .1			
	No B turn	flat .2		-Exec	_____
	Balance Acro/Dance	up to .2			
	Acro Difficulty	up to .2		-Comp	_____
	Relat. With music	up to .2			
	Relax/incorr Footwk	up to .2		Deducts	_____
	Vary Rhm/Tempo	up to .2			
	Dynamics	up to .2			
	No B Salto	flat .3		<b>SCORE 1</b>	_____
	Posture/Flexitbility	up to .3			
	Artistry	up to .3		<b>SCORE 2</b>	_____
				<b>AVG</b>	_____

# LEVEL 9 - 10 BARS

CB 8/09

LEVEL 10				LEVEL 9				
Special Requirements (.50)	Value Parts	Connection Value		Special Requirements (.50)	Value Parts	Connection Value		Difficulty Restriction
1. Flight, Min C, No D/M	3A (.10 each) 3B (.30 each) 2C (.50 each)	Mount and Dismount OK		1. 2 Bar Changes, No D/M	3A (.10 each) 4B (.30 each) 1C (.50 each)	Mount and Dismount OK		1 D / E Allowed, C Credit Each Additional D / E - 0.5 from SV No VP or SR
2. Flight, Min B, Different, No D/M		0.1	0.2	2. Flight, Min B, No D/M		0.1	0.2	
3. LA Turn, Min C, No Mount or D/M		C + C Both w/ turn or flight   D + D		3. Flight, Min C, Different, No D/M -- OR -- LA Turn, 180 or +, Min C, No Mount or D/M		C + C One Turn or Flight   C + C		
4. Salto or Hecht Dismount, Min C		C + C Both Grp 3, 6, 7 - Different		4. Salto or Hecht Dismount, Min B		C + C Different   Both Turn or Flight		
								<b>9.5 / 9.7</b>
				Fwd & Bck	0.05		CV	_____
				Insuf Chng Dir	up to .1		D/E	_____
				Distrib. Elements	up to .1		=	_____
				Sq On >1 Lv 10	each .1			_____
				3/4 Giant fwd	each .1			_____
				Bal, Turn & Flgt	up to .1		-VP	_____
				Lack Variety	up to .1		-SR	_____
				Precision HS	up to .1			_____
				Unchar. Element	each .1		<b>SV</b>	_____
				Release Difficulty Lv 10	up to .2			_____
				Lack 2 Bar Chng Lv 10	flat .2		-Exec	_____
Dynamics	up to .2			_____				
			-Comp	_____				
			Deducts	_____				
			<b>SCORE</b>	_____				
								<b>9.5 / 9.7</b>
				Fwd & Bck	0.05		CV	_____
				Insuf Chng Dir	up to .1		D/E	_____
				Distrib. Elements	up to .1		=	_____
				Sq On >1 Lv 10	each .1			_____
				3/4 Giant fwd	each .1			_____
				Bal, Turn & Flgt	up to .1		-VP	_____
				Lack Variety	up to .1		-SR	_____
				Precision HS	up to .1			_____
				Unchar. Element	each .1		<b>SV</b>	_____
				Release Difficulty Lv 10	up to .2			_____
				Lack 2 Bar Chng Lv 10	up to .2		-Exec	_____
Dynamics	up to .2			_____				
			-Comp	_____				
			Deducts	_____				
			<b>SCORE</b>	_____				



