

BONUS NOT AWARDED

- Gymnast falls or is spotted when executing an element resulting in a .50 deduction
If any one element in a connection is performed with a fall or spot, bonus is NOT awarded for the connection. Exception – in a connection of 3-4 VP's with a fall on the last element, the preceding elements are eligible for bonus if successfully completed
- When the exact same connection is repeated.
- “D” or “E” element is repeated, even when performed within a different connection before and/or after.
Clarification – If the same “D/E” element is performed 2 times (2nd time in a different connection but the 1st time it is not performed successfully, it may receive VP credit and D/E Bonus if successfully completed the 2nd time.
- When a Level 10 gymnast exceeds the maximum credit in one category (max of .40 may be awarded in each category CV or D/E)
- **Level 9** - the one allowable “D” or “E” element (receiving “C” VP credit) will not receive D/E bonus.
Level 9 gymnast exceeds the .30 maximum for Connection Value Bonus.
- **Level 7 and 8** are not eligible to receive Connection Value Bonus.
- **BARS** – with an extra swing between two “C”, “D” or “E” elements will break the direct conn.
- **BARS** – If after a 1/1 or 1 1/2 turn ending in L-grip or mixed L-grip, the gymnast swings downward and does a 3/4 front giant, hop changes grip before next element. (Ok to swing to w/in 20° of handstand regardless of grip change.)

CHIEF JUDGE DEDUCTIONS

.10 each	Failure to present before / after routine
.10	Coach stand between Bars or next to Beam throughout
.10	Overtime – Beam /Floor
.10 each	Exceeds FX boundary or failure to mark supplemental mats
.20	Failure to begin exercise within 30 sec. of CJ signal
.20	Failure to flash the intended vault number
.20	Flagrant exceeding of warmup time (after warning)
.20	Warmup an element on mat after a fall – Beam
.20	Unsportsmanlike conduct of gymnast (after warning)
.20	Signals/ verbal cues by coach / team (after warning)
.20	Coach instructs gymnast during routine
.20	Incorrect attire (includes jewelry) / incorrect padding (after 1 warning)
.20	Excessive use of chalk or use of tape
.30	Use of additional mats or springboard on unauthorized surface
.30	Incorrect apparatus specs/ Failure to remove board after mount
.30	Failure to remove board or authorized spotting device after release element
.50	Start exercise before signal (repetition)
1.0	Coach on Floor mat
1.0	Music with voice or no music
1.0	Performance of a 1-arm vault: if at least ½ of the vault panel saw that only 1 hand touched
2.0	Short exercise UB – less than 5 VP BB/FX – Less than 30 sec.

ELEMENTS CONSIDERED “DIFFERENT”

BARS / BEAM / FLOOR

- If they have a **different number** in the JO Code of Points or JO Updates.
- If they have the **same number** in the JO Code of Points but meet the following criteria:
 - Saltos are performed with **different body position**
(Ex. Deltchev & gienger are different, tuck/pike/layout all different elements)
 - If the element is performed with **different degrees of turn** (1/2, 1/1, 1 ½)
(addition of a ¼ turn does not make an element different)
 - If the support is on **one or both arms**
 - If **Mount elements** are performed as elements within the exercise
 - Bars - If the **legs are together or straddled in saltos or Tkatchevs**
 - Beam/FX – If leaps/jumps have a **different take-off** (one foot or two)
 - Beam /FX – The Acrobatic elements **take-off or land on one or both legs**
 - Floor – Only with the addition or deletion of salto elements, acro elements w/o hand support (aerials) or “B” acro flight elements with hand support will the series be considered different

ELEMENTS CONSIDERED “SAME”

- Bars - If the elements are listed under the **same number** & finish with a **different grip** position
- Bars - If the elements are listed under the same number & performed with **legs together or separated** (not to include saltos or Tkatchevs)
- Beam - The **deletion or addition of the same flic-flac** as a pre-connection does not change the connection
- Beam – Elements with the same number but performed with **different leg positions** will be considered the same element
- Floor – Salto with a **2 foot landing or with step out** are considered the same element
- Floor – The **addition or deletion of an “A” acrobatic element** (fwd or bwd with hand support) will not change the series connection

AWARDING VALUE PART CREDIT WHEN A FALL OCCURS

BARS – Release elements

Gymnast grasps or touches the bar with one or two hands and then falls –

- Value Part credit is awarded
- Execution and amplitude errors are taken in addition to the fall
- Bonus is NOT awarded, due to the fall
- Special Requirements WILL be fulfilled, if applicable

Gymnast never grasps or touches the bar –

- Value Part credit is NOT awarded
- Execution and amplitude errors are taken in addition to the fall
- Bonus is NOT awarded, due to the fall
- Element can't be used to fulfill Special Requirements
- Gymnast may repeat element. If performed successfully, VP & SR credit is awarded

FLOOR – Salto Elements

Gymnast fails to land on the soles of her feet first when performing a salto element -

- Value Part credit is NOT awarded
- Bonus is NOT awarded
- Special Requirement credit is NOT awarded
- Deduction of .50 is taken for the fall.
- Execution & amplitude deductions will be taken in addition to the .50 for the fall.

BEAM –

Gymnast completes an element by landing (making contact with the soles of the feet/foot on the top of the beam) but then falls –

- Value Part credit is awarded
- Bonus is NOT awarded, due to the fall
- Special requirements WILL be fulfilled, if applicable
- If fall is on the second element in an acro series, the SR is fulfilled.
- Execution & amplitude errors are taken in addition to the fall, but not the balance errors which resulted in the fall

Gymnast's soles of the feet/foot do not land/ make contact on the top of the beam –

- Value Part credit is NOT awarded
- Bonus is NOT awarded
- Special Requirement credit is NOT awarded
- If the fall occurs on the 2nd element in an acro series, the series SR is NOT fulfilled
- Execution & amplitude errors are taken in addition to the fall

Gymnast fails to land on the soles of feet first on the dismount -

- Value Part credit is NOT awarded
- Bonus is NOT awarded
- Dismount Special Requirement credit is NOT awarded
- Do not deduct .30 for no dismount from the Start Value. (exception: if no salto action was initiated, the .30 for no dismount would be applied)
- Execution & amplitude deductions will be taken in addition to the .50 for the fall

INSUFFICIENT

GEN	Exactness of tuck, pike or stretch	Up to .20
VAULT	Late extension of tuck or pike	Up to .25
	Exactness of body position – tuck , pike, stretch	Up to .30 each
	Dynamics	Up to .30
	Length	Up to .30
	Height	Up to .50
BARS	Extension of glides /swings into kips	Up to .10
	Change of direction (L9/L10)	Up to .10
	Amplitude of elements	Up to .20
BEAM	Level changes	Up to .10
	Use of the entire beam	Up to .10
	Split when required (dance / acro)	Up to .20
	Sureness of performance throughout	Up to .20
FLOOR	Split on Value Part elements	Up to .20
	Height of Saltos	Up to .30
BARS	Distribution of Value Parts	Up to .10
BEAM	Dynamics	Up to .20
FLOOR		
BEAM	Height of leaps / jumps / hops	Up to .20 each
	Height of acro flights, aerials and saltos	Up to .20 each
FLOOR	Variation in rhythm/tempo throughout	Up to .20
BARS	Height of salto dismount	Up to .30
BEAM		

KEY WORDS

TRUNK MOVEMENTS

Vault	Additional trunk movements to maintain balance	up to .20
Gen/UB/BB	Additional movements to maintain balance	up to .30

BODY POSTURE/POSITION

Gen/Vault	Incorrect body posture on landing	up to .20
Beam/FX	Incorrect body position in dance element	up to .10

DIRECTION

Gen	Deviation from a straight direction on landing	up to .10
Vault	Deviation from a straight direction	up to .30
Beam	Directional error on gainer salto off end	up to .30

DYNAMICS

Vault	Insufficient dynamics	up to .30
UB/BB/FX	Insufficient dynamics	up to .20

EXACTNESS

Gen/UB/BB	Insufficient exactness of body position	
	Insufficient tuck / pike	up to .20
	Insufficient stretched position – arch	up to .20
	Insufficient stretched position – hip angle (136° - 179°)	up to .20
Vault	Insufficient exactness of body position (same as above)	each up to .30
Vault	Exactness of LA turns	up to .10

RHYTHM

Bars	Poor rhythm in elements / connections	up to .10
Beam	Rhythm during execution of dance/mixed connection	up to .10
Floor	Rhythm during execution of direct connections	up to .10
BB/FX	Insufficient variation in rhythm / tempo throughout	up to .20
Beam	Rhythm during execution of acro connections	up to .30

INCOMPLETE LA TURN

Vault	Prescribed LA turn incomplete	1° – 30° missing	up to .10
		31° – 60° missing	.15 - .20
		61° – 89° missing	.25 - .30
		90° or more missing	Award lower VP
Bars / Beam	Incomplete LA twist – salto dismounts	1° - 44° missing	.05 - .10
		45° - 89° missing	.15 - .20
		90° or more missing	Award lower VP
		Beam / Floor	Incomplete turns & Leaps/Jumps/Hops with turn
	45° - 89° missing	.15 - .20	
	90° or more missing	Award lower VP	

MOUNTING REGULATIONS

BARS / BEAM

- Gymnast may have two attempts to mount the bars or beam without penalty, provided that she has not touched the board and/or bars/beam or run underneath the bars/beam on either attempt.
- If a gymnast balks two times, she may make a 3rd approach, however on the 3rd attempt, each judge takes a .50 deduction.
- The board must be removed as soon as possible after the gymnast has mounted. If it is not removed, a deduction of .30 is taken from the average score by the CJ.
- A fourth approach is not permitted
- If the gymnast runs and touches the board and/or bars/beam or runs underneath the bars/beam there is a .50 deduction – considered a fall.
- In the attempt to perform a round-off entry mount, the gymnast performs only the round-off, she may repeat the mount and receive appropriate Value Part credit. Deduct .50 for a fall.
- If more than one element before the mount is performed, each judge takes a .20 deduction.
- If the gymnast mounts the bars and realizes that the setting is incorrect, she may dismount and has 45 seconds to re-adjust the bars. Deduct .50 for a fall.

DISMOUNT REGULATIONS

BARS / BEAM

- **Bars** - Unless otherwise stated, dismounts may be performed from the low bar.
- **Bars** - All flyaway dismounts will retain their difficulty value regardless of starting position.
- **Gymnast performs a dismount without a salto or hecht (bars) or salto or aerial (beam)**
 - Deduct .50 for missing dismount SR
 - DO NOT deduct .30 for no dismount
- **Gymnast performs a dismount element of no value** (bars - salto initiated from the feet)
 - Deduct .50 for missing dismount SR
 - Deduct .30 for no dismount (off SV)
- **Gymnast leaves the apparatus (terminates the exercise intentionally or due to a fall)**
 - Deduct .50 for missing dismount SR
 - Deduct .30 for no dismount (off SV)
 - Deduct .50 for the fall
- **FALLS ON A SALTO DISMOUNT**
 - Gymnast never initiates the salto action, and falls w/o landing on the soles of the feet 1st**
 - Value Part credit is NOT awarded & deduct .50 for the fall
 - Deduct .50 for missing dismount SR
 - Deduct .30 for no dismount (off SV)
 - Any other execution & amplitude errors
 - Gymnast initiates the salto dismount and falls w/o landing on the soles of the feet 1st**
 - Value Part credit is NOT awarded & deduct .50 for the fall (if gymnast lands on hands and soles of feet simultaneously, deduct .50 for fall and award VP credit)
 - Deduct .50 for missing dismount SR
 - Any other execution & amplitude errors

SPOTTING REGULATIONS

Coach assists/spots during an element

- Each judge deducts .50 for the spot
- If gymnast falls after the spot, an additional .50 is taken for the fall
- Value Part, Special Requirement & Bonus are NOT awarded
- If the spot is on the dismount element, do not deduct .30 from the SV for no dismount
- On FX the CJ deducts 1.0 from the average score for “coach on the floor”

Coach spots the landing of the dismount

- Each judge deducts .50 for the spot
- If the gymnast falls after the spot, deduct only .50. Do not deduct for both the fall & spot.
- Value Part and Special Requirement credit are awarded. Bonus is NOT awarded
- On FX the CJ deducts 1.0 from the average score for “coach on the floor”

Coach inadvertently touches the gymnast without assisting

- Each judge deducts .50 for the spot
- Value Part and Special requirement credit is awarded. Bonus is NOT awarded..
- On FX the CJ deducts 1.0 from the average score for “coach on the floor”

Note – there is no penalty for the gymnast inadvertently touching the coach

Coach catches a falling gymnast or on FX the coach touches (or pushes) the gymnast when, or after, she lands an element to stop her momentum

- Each judge deducts .50 for the fall/touch only. Do not deduct for the spot.

If the coach is on the Floor Exercise mat but does not physically assist the gymnast, the CJ takes a deduction of 1.00 maximum from the average. Deduction applied only 1 time regardless of number of times the coach enters the FX area.