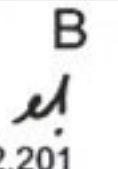
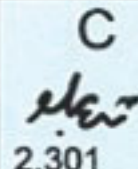
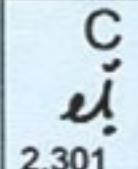
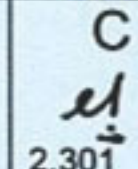
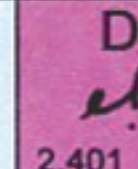
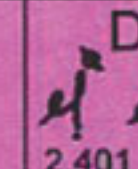
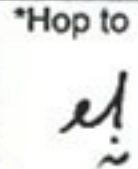
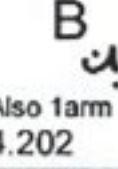
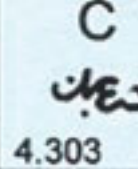
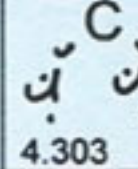
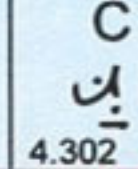
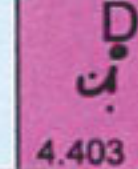
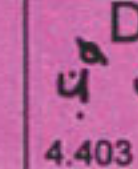
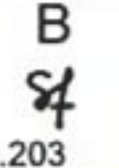
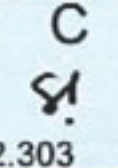
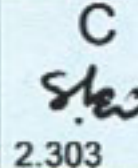
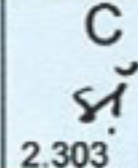
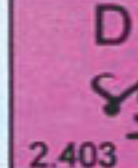
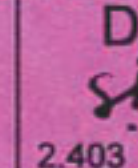
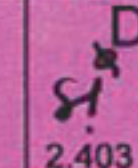
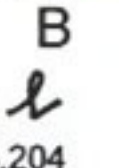
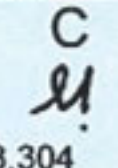
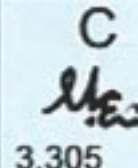
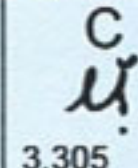
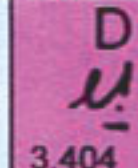
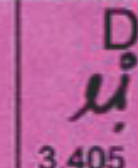
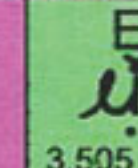
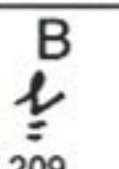
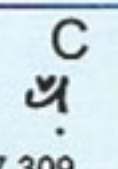
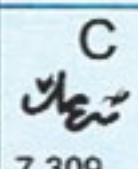
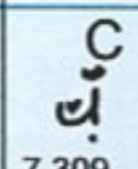
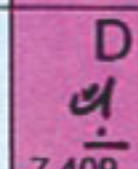

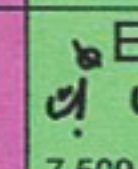
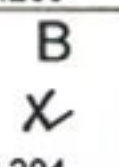
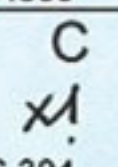
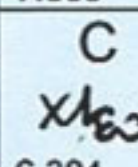
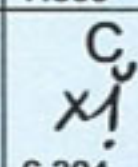
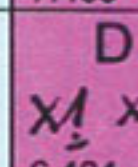
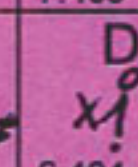
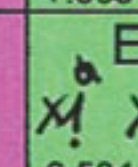
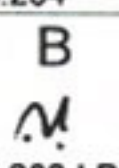
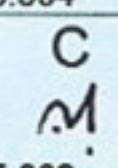
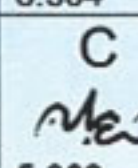
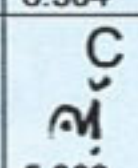
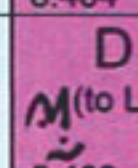
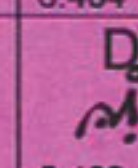

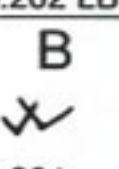
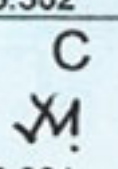
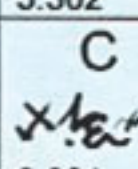
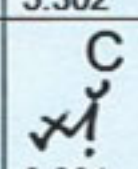
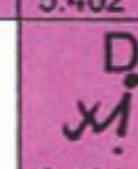
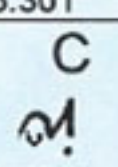
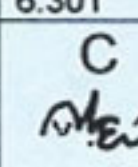
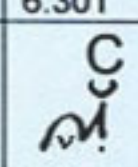
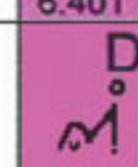
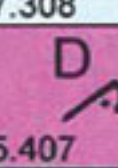
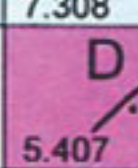
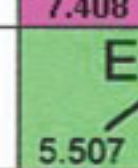


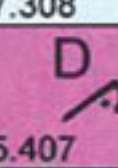
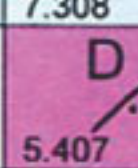
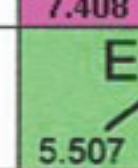
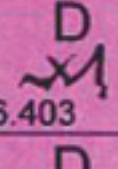
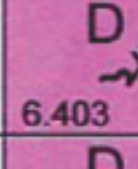
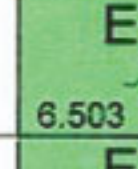

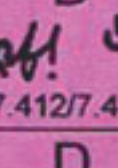
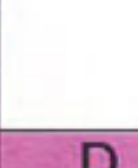
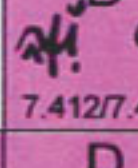


HANDSTAND CHART

SKILL	Basic	HS	Healy to L / mxL	½ in - also to L	Hop - or hop healy	1/1	1 ½ in - also to L	Other variations
CAST HS		B  2.201	C  2.301	C  2.301	C  2.301	D  2.401	D  2.401	*Hop to L 2.401 
BACK GIANTS	"A" on LB Giant 1/1 LB = C	B  Also 1 arm 4.202	C  4.303	C  4.303	C  4.302	D  4.403	D  4.403	*Hop to L 4.402 *Hop 1/1 4.502 *Dbl turn 4.503
UPRISE HS	B  2.203	C  2.303	C  2.303	C  2.303	D  2.403	D  2.403	D  2.403	*½ to clear 2.203 *A" if below horizontal
CLEAR HIP	B  3.204	C  3.304	C  3.305	C  3.305	D  3.404	D  3.405	E  3.505	
BACK TOE-HAND	B  7.209	C  7.309	C  7.309	C  7.309	D  7.409	D  7.409	E  7.509	
BACK STALDER	B  6.204	C  6.304	C  6.304	C  6.304	D  6.404	D  6.404	E  6.504	
FRONT GIANT	B  5.202 LB	C  5.302	C  5.302	C  5.302	D  M(to L) 5.402	D  5.402	E  5.502	*In reg. grip 5.402 *1/1 on 1 arm 5.502 Before HS *1/1 LB = C 5.302
FRONT STALDER	B  6.201	C  6.301	C  6.301	C  6.301		D  6.401		*Stalder upr 6.301 *w/ reg. grip 6.401
FRONT TOE-HAND		C  7.308	C  7.308	C  7.308		D  7.408		*In L grip 7.408 *In L w/ ½ 7.408 *In L w/ 1/1 7.508
L GRIP GIANT		D  5.407		D  5.407		E  5.507	E  5.507	
L GRIP STALDER	C  6.303	D  6.403		D  6.403		E  6.503		
CLEAR PIKE FWD/BWD		D  7.412/7.413		D  7.412/7.413		E  7.512/7.513		
WEILER	B  3.207	D  3.407	D  3.407	D  3.407				2009 Laurel Tindall