

# GYMNASTICS JUDGING SHORTHAND

## BASIC POSITIONS

∩ Tuck	∩ Tuck (squat) on	∩ squat on	↔ squat thru
∨ Pike	∨ Pike (stoop) on	∨ stoop on	↔ stoop thru
^ Straddle	^ Straddle on	^ Straddle on	^ Straddle thru
/ Layout			

## DANCE SKILLS

— Leap	ζ Body wave	○ Full turn	⊙ 1/4 turn
∩ Tour-jete	∩ Scale	⊙ 1 1/2 turn	∩ 1/2 turn
^ Straddle Leap		⊙ 2/1 turn	⊙ 3/4 turn
∩ Cat leap		⊙ 2 1/2 turn	
z Scissors leap		⊙ 3/1 turn	
∩ Split Leap			

## TUMBLING SKILLS

Handstand	∩ Press Handstand	
X Cartwheel	∩ Roundoff	
∩ Front Walkover	∩ Back Walkover	
∩ Aerial Walkover	∩ Aerial Cartwheel	
∩ Front Limber	∩ Front Handspring to two feet	
∩ Front Handspring		
∩ Back Handspring	∩ 1 arm Back Handspring	
∩ Whip Back		
∩ Back Roll	∩ Back Extension Roll	
∩ Back Salto Tuck	∩ Back Salto Pike	
∩ Back Salto Layout		
Twists: ∩ Half Twist	∩ Full	∩ 1 1/2 Twist
∩ Double Twist	∩ 2 1/2 Twist	∩ 3/1 Twist
∩ Forward Roll	∩ Front Salto	∩ Front Salto Pike
∩ Front Salto Layout	∩ Front Full	∩ Front 1 1/2
∩ Double Back Tuck	∩ Double Back Pike	
∩ Double Back Layout		
∩ Arabian		

## UNEVEN BAR SYMBOLS

| Hang    ⊥ Stand    — Front Lying Hang  
↪ Cast    ↻ Back Hip Pullover    ↺ Underswing  
L Glide Kip    ↗ Long Hang Kip  
○ Back Hip Circle    ○ Front Hip Circle  
⊗ Clear Hip Circle    × Stalder  
! Handstand    ↪ Cast to Handstand  
↪ Clear Hip Handstand    ×! Stalder to Handstand  
↪ Counterswing    S Uprise    ↪ Uprise to Handstand  
↪ Giant    ↪ Front Giant  
↪ Seat Circle  
↓ Flight from HB to LB  
→ Flight from HB over LB  
↪ Flyaway Dismount Tuck  
↪ Flyaway Dismount Pike  
↪ Flyaway Dismount Layout  
↪ Double Back Dismount