

LEVEL 4 UNEVEN BARS



Mount: Glide and return(.4); Back Hip Pullover (.4)



Front Hip Circle, Small Cast (.6)

***Cast, Single Leg Squat Through (.4)**



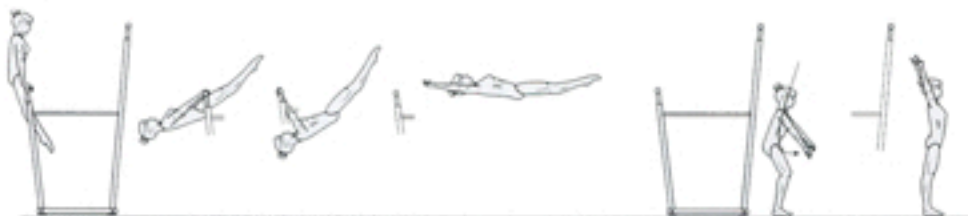
***Forward Stride Circle (.6)**



***Single Leg Cut Backward (.4)**



Cast (.4) Back Hip Circle (.6)



Underswing Dismount (.8)