

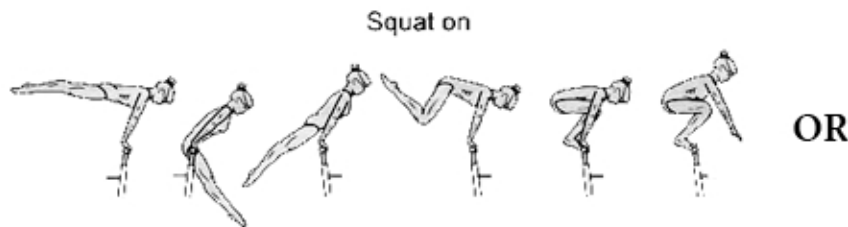
LEVEL 5 UNEVEN BARS



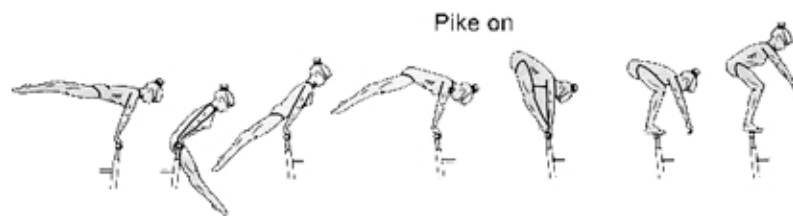
Mount (.8)



Front Hip Circle (.6)



Cast to Horizontal & Return to Front Support (.8)



Cast, Squat-On (or Pike-On) (.4)



Jump to Long Hang Kip (.8)

Cast to Horizontal (.8)

Back Hip Circle (.6)



Underswing, 1st Counterswing (30 degrees) (.8)

Tap Swing, 2nd Counterswing 15 degrees (.8)



Tap Swing with 1/2 turn Dismount (.8)