

LEVEL 5 BEAM Time: 1:10

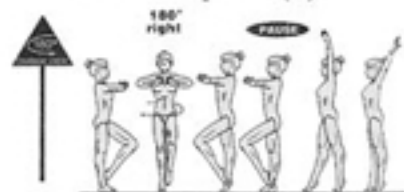
1. * Mount (.2)



2. V Sit



3. Heel Snap Turn (.4)



4. Leap 90° (.6)



5. Pose



6. Weight Transfer (.2)



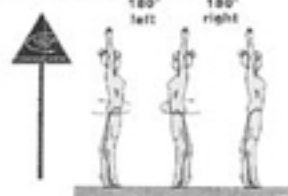
7. * Handstand (.6)



8. Leg Swing



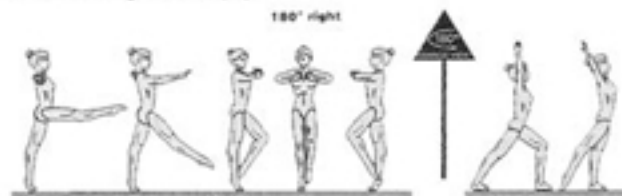
9. Pivot Turns (.4)



10. 1/4 Turn, Fish Pose



11. 1/2 Coupe Turn (.4)



12. * Cartwheel (.6)



13. Cross Pose



14. Stretch Jump (.4) Split Jump 90° (.4)



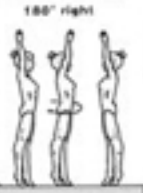
15. Pose; Releve Steps



16. Arabesque (.4)



17. 1/2 Pivot



18. Bow



19. * Handstand Dismount (.6)

