

LEVEL 5 BEAM Time: 1:10

1.* Mount (.2)



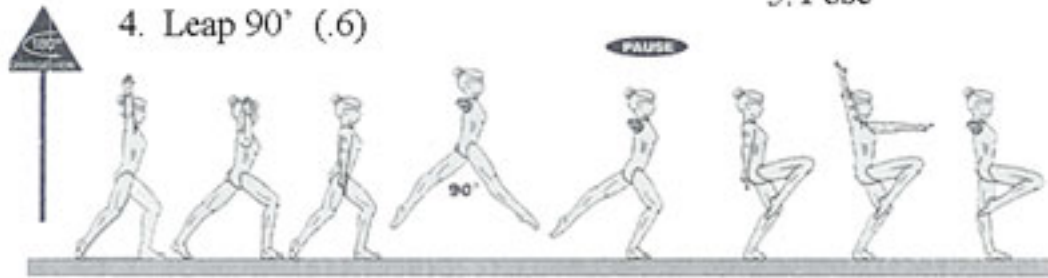
2. V Sit



3. Heel Snap Turn (.4)



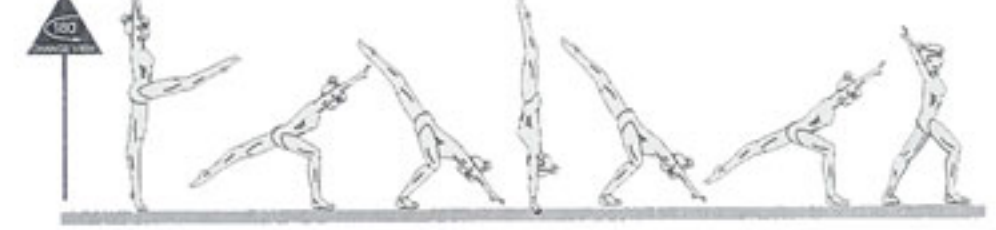
4. Leap 90° (.6)



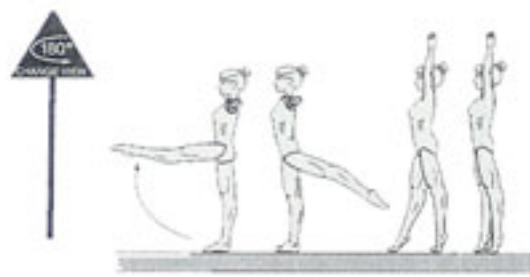
5. Pose

6. Weight Transfer (.2)

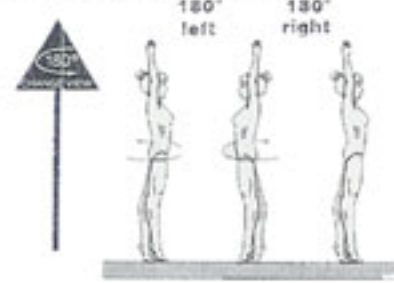
7.* Handstand (.6)



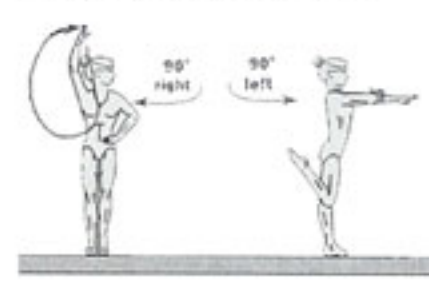
8. Leg Swing



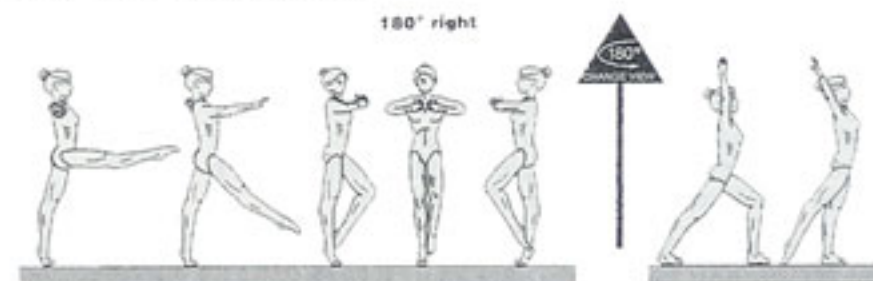
9. Pivot Turns (.4)



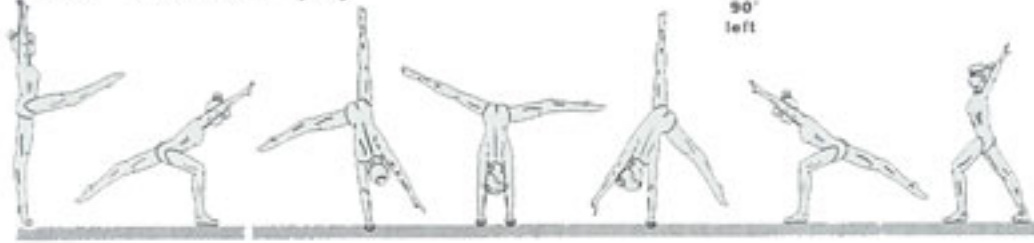
10. 1/4 Turn, Fish Pose



11. 1/2 Coupe Turn (.4)



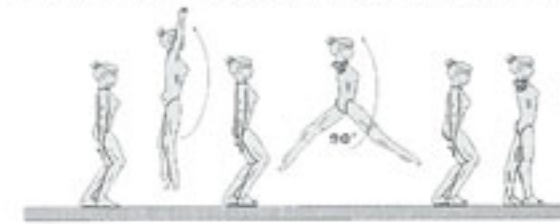
12* Cartwheel (.6)



13. Cross Pose



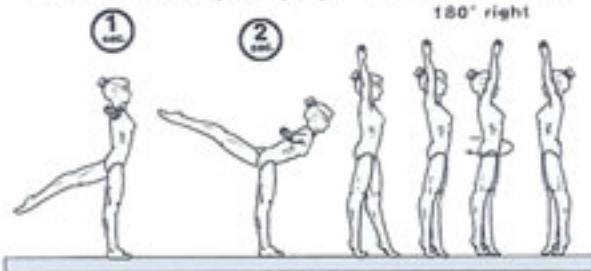
14. Stretch Jump (.4) Split Jump 90° (.4)



15. Pose; Releve Steps



16. Arabesque (.4)



17. 1/2 Pivot

18. Bow



19.* Handstand Dismount (.6)

